



Trustee Candidate Pack

AN INTRODUCTION

FROM OUR CEO

Thank you for your interest in Lifeworks North Staffordshire.

We pride ourselves in supporting people aged 14 and over in North Staffordshire with Autism, ADHD, Dyspraxia, Tourette's Syndrome, and co-occurring mental health needs, along with their carers. Our goal is to empower people with an average or above IQ to achieve sustainable, fulfilling lifestyles.

At Lifeworks North Staffs, we are extremely passionate about what we do and assisting those who come to us for help.

We mostly support those who are based in North Staffordshire, which encompasses both rural and inner-city deprived areas. Our clients are intelligent people aged fourteen and over; with or without a formal diagnosis of Autism, Attention Deficit Hyperactivity Disorder (ADHD), Tourette's syndrome and other associated conditions. We also assist both their carers and any involved professionals. The purposes of our organisation are supporting clients to establish a sustainable lifestyle, raising awareness of our clients' conditions, and campaigning for the development of services for these marginalised people.

There is a strong working relationship with the Leadership Team and our Trustees, providing supportive challenge and alternative perspectives. We are looking for Trustees who have a strong understanding of Human Resources Management, Business and Legal backgrounds.

We are seeking individuals who share our passion to make sure the best we can be, and help drive us forward in what is our 20th anniversary. If you feel excited about the prospect of helping us to achieve this and have the time and skills we are seeking then we would love to hear from you.



Louise Zandian
Chief Executive
Lifeworks North Staffs

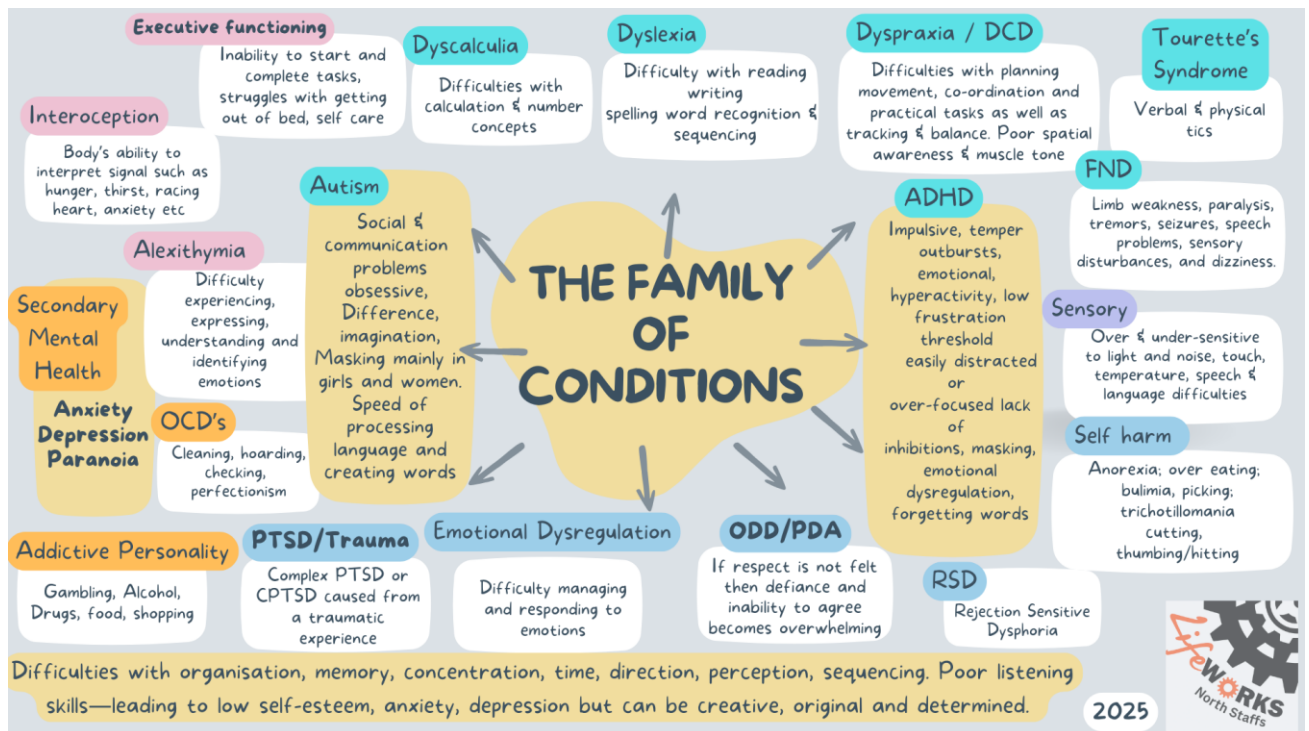
ABOUT US

Lifeworks supports marginalised bright people 14+ in North Staffordshire, with Autism, ADHD, Dyspraxia, Tourette’s Syndrome, mostly with mental ill health, and their carers to find a sustainable lifestyle.

Lifeworks was established in 2006 by Louise Zandian, who is our CEO. We received the Queen’s Award for Voluntary Services in 2012. From our own experiences, knowledge, and professional training, we understand that being on the Autistic Spectrum and having ADHD has many challenges for those on the spectrum and their families.

Lifeworks liaise with several local organisations, including @21, Autism Assessment Service, North Staffs Carers, Alice Charity, Our Space, Job Centre, NSAAA, and PEGIS.

We are unique in that we look at all conditions that present in an individual, not just autism. Staff and volunteers at Lifeworks have personal experience of autism and ADHD, and the way this affects individuals and their families. It is this aspect which makes us so passionate about the work we do. Lifeworks aims to help people to build strategies in order to navigate and improve quality of life. Individuals on the autistic spectrum need to be given the chance to reach their full potential. This will not be achieved without better understanding!





ABOUT THE ROLE

Lifeworks North Staffs are looking for passionate trustees 18+ to help our charity reach its potential. Lifeworks has been supporting Autistic people 14+ since 2006 growing to include over 900 clients and 330 carers.

We are particularly looking for Trustees with experience in Human Resources, Law and Business/finance (who can help us maximise our funding streams).

The role involves attending approximately 6, 2 hour meetings a year at our offices in Newcastle-Under-Lyme and about 1-2 hours a month volunteering/consultation depending on your skillset. Working with our trustees to help achieve the charities objectives

The trustee role involves making sure that Lifeworks:

- Achieves its charitable objectives
- Complies with its governing documents and charity law
- Helping develop the strategic direction of the charity
- Developing and installing financial strategies and funding streams to help the charity carry out its objectives and secure the long-term funding of the organisation
- Developing and updating policies adhering to statutory law
- Makes use of your skillset to the benefit of the charity.

Impact

There is currently no care pathway for people with autism, ADHD and Tourette's syndrome in North Staffs. Lifeworks receive referrals from the local NHS mental health hospital/services, social services and other organisations unable/unwilling to work with our clients. This included 120 new referrals in 2024 and 202 in 2025. In total, we have 950 clients who we work with throughout the year.

What our volunteers say about us:

“As a carer of an adult on the autistic spectrum with mental health problems I find volunteering has helped my confidence and wellbeing. In helping others, it gives me a good feeling, as I understand what they are going through. I find volunteering has helped my confidence and wellbeing. Lifeworks is like a big family and being able to give support to other carers is very rewarding.”

“It is helping me to increase my self-esteem, some of which I have lost from not being in employment for some years, is giving me some confidence, by showing me that, yes, I still do have skills, which are useful. It is giving me work experience. It feels good to ‘be there’ for my befriended friend, to be reliable, and to have their companionship in return.”

For more information or to register an interest email info@lifeworksnorthstaffs.org.uk